Long Term Plans - PSHE



Hawkinge Primary School

**Cycle A**

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|  | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Theme** | Anti-bullying/friendships | RSE | Digital safety  | Environmental sustainability | Emotional health | Economy/charities |
| **EYFS** | **Feeling Safe and rules** | **Hygiene and taking turns** | **Feelings of others**  | **Hygiene and following class rules**  | **Healthy eating and healthy bodies**  | **Teeth/oral hygiene** **Transition to Year One** |
| **Year 1/2** | **What is bullying?**  | **Why are families important?** | **How can I stay safe in the digital world?** | **Environmental sustainability** | **What Can We Do To Look After Our Mental Health & Wellbeing?** | **\* How can I give to my community and connect with others?** |
| **Year 3/4** | **What effect does bullying have on me and my friends?** | **What makes a healthy and happy relationship?** | **What impact does technology have on my life?** | **What can we do to look after the local area?** | **\* What Can We Do To Look After Our Mental Health & Wellbeing?** | **How can I give to my community and connect with others?** |
| **Year 5/6** | **What effect does bullying have on communities?**  | **Year 5- What is puberty and how will I change as I get older?**\***Year 6 – Puberty and sex** | **How can my use of the internet impact the rest of my life?** | **How can we look after our planet?** | **\* What Can We Do To Look After Our Mental Health & Wellbeing?** | **How can I give to my community and connect with others?** |

**Cycle B**

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|  | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Theme** | Anti-bullying/challenging stereotypes | RSE  | Safety | Money | Physical health | Inspirations and aspirations |
| **EYFS** | **Feeling Safe and rules** | **Hygiene and taking turns** | **Feelings of others** | **Teeth/oral hygiene**  | **Healthy eating and healthy bodies**  | **Listening to others.****Transition to Year One** |
| **Year 1/2** | **What is bullying?**  | **How can I care for myself?** | **Safety** | **Money** | **Why is it important to be physically active?** | **What are my hopes for the future?** |
| **Year 3/4** | **How can we respect each other’s differences?** | **How Can We Show Respect in Different Relationships?** | **What Do I Do in an Emergency?** | **How do I get the job I want?** | **How does my diet and oral hygiene contribute to my well-being?** | **What makes a hero?** |
| **Year 5/6** | **Why is it important to challenge stereotypes?** | **Year 5- What is puberty and how will I change as I get older?**\***Year 6 – Puberty and sex** | **How can poor physical health affect me?**  | **What impact can money have on my life?** | **How can I stay safe outside of school?** | **How can outside influences affect my aspirations for the future?** |