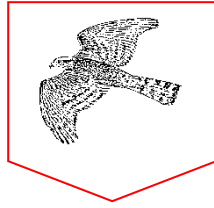


Hawkinge Primary School

Miss A Ward
Headteacher
Tel: 01303 892224
www.hawkingeprimaryschool.co.uk



86 Canterbury Road
Hawkinge
Folkestone
Kent
CT18 7BN

Dear Parents,

This week has been "Hawkinge Health Week" and I would like to say a huge "Thank you!" to all our Year 6 Health Ambassadors for helping to create and run this event!

Arabella Carpenter, Ali Cave, Lake Day, Amelia Farrell, Myla Heales, Alesha King, Frankie Maitland, Lenny McNeil, Hayet Pouillaude, Ebony Preston, Imogen Rowland, Nathan Tanner, Neave Turner and Ella Varlow.

The pupils have really enjoyed all the activities going on throughout the week, especially the lunchtime sports sessions. Mr Cinelli has been supporting the Health Ambassadors to lead pupils in their year groups for Move-it Monday, Teamwork Tuesday, Whack-it Wednesday, Throw-it Thursday & Foot-golf Friday. I have heard many children talking excitedly about what the next day's activity will be and trying to collect all 5 stickers!

On Monday, our week started with Andre from Kent Libraries talking with the children in assembly about how reading can not only enrich our learning but support our mental health and wellbeing too. She got the children interested in taking part in the Summer Reading Challenge so do make sure to get to your local library to pick up a pack with your child over the next few weeks.

We also had Sarah Montgomery from the Rainbow Centre talking to the children about all the wonderful work they have been doing in our local community for the last 40 years. She thanked us for choosing their charity for Hawkinge Health Week and the children learned about the various challenges we are taking on this year, all themed around the number 40 in honour of The Rainbow Centre's 40th Anniversary.

Each day, a different year group has spent a day wearing our activity tracker bands, counting up their steps and adding them to the total for their class. Year 5 & 6 classes started us off by walking more than double their target of 40 miles per class! All our other year groups also look on track to achieve the 40-mile goal too - be sure to check out the Mental Health & Wellbeing notice board when you visit us for parents evening next week to find out.

Every class has gone out on a litter pick this week - Our younger pupils collected rubbish on school grounds while our older pupils went out in Hawkinge to pick up rubbish. Whilst we have fallen short of our target to fill 40 bags of rubbish, it is surely a good sign that our school and local community are already kept so tidy that we only found a small amount to clean up!

Finally, the children have all enjoyed sharing a mindful moment staring at the clouds, taking notice and imagining what creatures they can see within them. They have drawn their creatures over pictures of clouds and we have seen some truly wonderful creations!

Thank you to everyone who has brought in their 50p sponsorship and to those who have donated items to our Food Bank. We are still counting both but we are hoping we managed to achieve our goal of raising £40 per year group and collecting 40kg of food donations.

Have a wonderful weekend!