Hawkinge Primary School

Miss A Ward
Headteacher
Tel: 01303 892224
www.hawkingeprimaryschool.co.uk

Canterbury Road
Hawkinge
Folkestone
Kent
CT18 7BN

19th June 2025

Dear Parents,

Hasn't this week been a glorious week? The summer is certainly my favourite season, especially when the sun shines!!

As you know the school is closed to children tomorrow as we will be having our final Staff Development Day of the year. This is one we all look forward to as we set out curriculum planning for the year ahead, decide on themes for our new class names and get our Launch Pads sorted out and booked for the year! So it will be a busy one! Mr O'Brien and I also cook a barbeque lunch for the teachers whilst they are working!

I have looked at the weather going forward and if the forecasts are correct we could be lucky enough to have a few lovely sunny weeks. It has come to my notice that some children are bringing squash into school in their bottles. This is not our agreed rule – children should only be bringing water in to school to drink. If your child has started to bring squash in, please ensure it is water moving forwards. Obviously squash is fine for lunchtimes if your child has a packed lunch. Thank you for your support with this.

Next week is Hawkinge Health Week – please see the reverse of the school newsletter for more information!

During Health Week Miss Tappenden is hosting one of her excellent Parent Workshops entitled "Building Your Child's Resilience & Independence". The workshop will consider that Resilience is not something that children either have or don't have - it is something they develop as they grow and even then, it can come and go depending on many factors. We know that children with good resilience levels are more able to face challenges and recover from setbacks as well as being less likely to experience mental health issues like anxiety and depression as they get older. If you would like to know more or find out ways to help develop your child's resilience please book on to the workshop – see over for more details.

Have a lovely weekend, enjoy the sunshine

Hawkinge Health Week
23rd - 27th June 2025

Next week, we will be celebrating Hawkinge Health Week!
This is an event run by our Year 6 Health Ambassadors where we aim to raise awareness of ways we can all improve our health and wellbeing.

Our chosen charity for this year is the Rainbow Centre, in honour of their 40th anniversary.

Each class will have a day with our activity tracker bands and will try to walk (or run!) 40 miles!   We ask that you **please sponsor your child with a suggested 50p donation** as we are hoping to raise £40 per year group to help children and families across Kent.

We are also asking that children **bring in one item to donate to the Rainbow Centre Food Bank**. We are hoping to collect 40kg in donations by the end of the week!

Thank you!

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"Building Your Child's Resilience & Independence"
Parent Workshop
Tuesday 24th June   1:00pm – 3:00pm

Resilience is not something that children either have or don't have - it is something they develop as they grow and even then, it can come and go depending on many factors.

Children with good resilience levels are more able to face challenges and recover from setbacks as well as being less likely to experience mental health issues like anxiety and depression as they get older. Find out what having a "growth mindset" really means and access resources you can use with your children to help them develop their resilience & independence for life.

Join us for this workshop where we will look at:

-What is resilience & how does it develop?

-What does it mean to have a "Growth" or "Fixed" mindset

-How to build your child's confidence and encourage their independence

-Building better coping skills for day-to-day challenges

-Strategies to manage low motivation and perfectionism

PLEASE TICK ✓

☐ I/we would like to attend the Building Your Child's Resilience & Independence workshop on Tuesday 24th June, 1:00pm – 3:00pm

Name/s: ……

Child/ren at Hawkinge Primary School: ……………………………………………………………………………………………